MyKidIsBad

CHART

Morning Routine Chart

Tick each step as it is done. Fewer reminders, calmer mornings.

Morning step	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Wake up and get out of bed	☐	☐	☐	☐	☐	☐	☐
Use the bathroom	☐	☐	☐	☐	☐	☐	☐
Get dressed	☐	☐	☐	☐	☐	☐	☐
Eat breakfast	☐	☐	☐	☐	☐	☐	☐
Brush teeth and hair	☐	☐	☐	☐	☐	☐	☐
Pack school bag	☐	☐	☐	☐	☐	☐	☐
Shoes and coat on	☐	☐	☐	☐	☐	☐	☐
Out the door on time	☐	☐	☐	☐	☐	☐	☐

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